



MASS TIMES

St Mary's Cathedral Hobart

7.30am: Tuesday - Friday
12.15pm: Friday
6.00pm: Saturday Vigil Mass
10.30am: Sunday
6.00pm: Sunday

Sacred Heart Church New Town

9.00am: Tuesday - Thursday
8.00am: Saturday
8.30am: Sunday

Lawrenny Court (131 Hill St West Hobart)
10.30am: Friday

ADORATION OF THE BLESSED SACRAMENT

St Mary's Cathedral Hobart

11.00am: Friday
6pm - 12am: Friday (CRYPT)
5pm - 5.30pm: Saturday

RECONCILIATION

11am - 12 Noon: Friday
5.00pm - 5.30pm: Saturday

6TH SUNDAY OF ORDINARY TIME YEAR C- 13TH FEBRUARY 2022

From your Administrator,

My Dear Parishioners,

- I would like to remind you about safety and care of each other during this time of the pandemic, so **please adhere to the Covid guidelines** handed down by the state. Especially of wearing of masks and hand sanitising as you enter the church.
- **The Parish will begin it's Sacramental Program for children starting next week**, with sessions being organised jointly with our parish schools and children within the Parish. (for further details contact the parish office)
- We are fast approaching the season of Lent, beginning on 2nd of March (Ash Wednesday). We as a Parish have organized various activities to prepare and nurture your spiritual growth. Such as;
 - ♦ **Stations of the cross** every Friday at 6pm (further details to come)
 - ♦ We also are promoting a booklet titled, **"Remember"** with Lenten reflections to guide you through the 40 days of Lent.
 - ♦ There will also be a **Lenten programme on 'Formed'** which you could have access to on line once you register to it. (further detail to come)
 - ♦ The Sacrament of Reconciliation, will also be offered every Friday and Saturday. (Ref Parish AVE)
- **I am also looking for volunteers** to the Cathedral and Sacred Heart Church, if you would like to help out please contact the parish office.
- Just a reminder that the **diocesan consultation phase for the Ordinary Synod of Bishops 2021-23 is coming to an end on Sunday 27 February 2022**. The online portal for individuals (aged 16+) and groups across Australia to make their 250 word submissions will be shut down from this time as the NCPR begins its work to collate the data received. Stay safe and God's blessing on you all.

Fr Leonard (Administrator)

PARISH PASTORAL TEAM:

Administrator:

Fr Leonard Caldera

Assistant Priests:

Fr Paschal Opkon
Fr Fidelis Udousoro,

Deacon:

Nick MacFarlane

Pastoral Associate:

Sr Monica Shelverton PBVM

PARISH OFFICE:

Office Hours:

(MONDAY - FRIDAY)

9am - 3pm

180 Harrington Street
Hobart 7000

Phone: 03 62344463

E-Mail:

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Website:

www.stmaryscathedralhobart.org.au

Facebook:

[www.facebook.com/
cathedralparishhobarttasmania](https://www.facebook.com/cathedralparishhobarttasmania)

Parish Secretary

Jane McKeown

Director of Music

Benedict Mackey



**St Mary's
Cathedral
Parish**

Important Announcement for EVERYONE attending churches for Mass.

It is **MANDATORY** for every person 16 years of age or older who enters the Sacred Heart Church, the Cathedral and Cathedral Centre for any reason is required to **provide their information for contact tracing using the Free Check in TAS app or by the written visitor's register**. This is a direction from Tasmania Government. Non compliance may result in a fine.



Methods of Prayer in the Church

Prayer as Praise

"It is good to give thanks to the Lord, to sing praise to your name, Most High, to proclaim your love at daybreak, your faithfulness in the night" (Ps 92:2-3). Prayer of praise is focused entirely on the expression of wonder and awe at who God is and what God has done. In the Bible, praise is frequently shouted or sung. When she visited her cousin Elizabeth, who knew that Mary would be the mother of the Saviour, Mary's praise overflowed into a song, or canticle. Commonly referred to as the Magnificat, this canticle begins, "My soul proclaims the greatness of the Lord; my spirit rejoices in God my saviour" (Lk 1:46-47). The angels who appeared to the shepherds to announce the birth of Christ, and later the shepherds themselves, glorified and praised God (Lk 2), as did the paralytic whom Jesus healed early in his ministry (Lk 5:25) and many others whom Jesus cured of their afflictions.

The Bible shows that praising God involves not only our spiritual efforts, but our physical muscles as well. "Lift up your hands," exhorts Psalm 134. In Psalms 100, 147, and 149 we are prompted to dance and sing. Psalm 149 tells us to play musical instruments to praise the Lord. And in the Letter to the Hebrews, we are reminded to praise God in the presence of others: "I will proclaim your name to my brothers, in the midst of the assembly I will praise you" (Heb 2:12); later in this letter we are urged to "continually offer God a sacrifice of praise, that is, the fruit of lips that confess his name" (13:15). This echoes Psalm 92's call to praise at daybreak and in the night — in other words, constantly.

If praising God in front of others might be outside one's comfort zone, there are ways to work around this obstacle. Singing hymns in praise of God is one way to do this — and this is done at every Sunday Mass. This is not something that must be done solo, or on a stage. As you stand in your pew, with the assembly around you, you can participate in a communal prayer of praise. Church hymnals are filled with songs of praise, such as "All Creatures of Our God and King," and many others that are based on the psalms. Quite a few of the psalms are written in praise of God: this theme is especially common in the last third of the psalms, including Psalms 91, 93, 98, 104, 111, 117, 135, 139, and 148 through 150.

Just as Blessed Solanus Casey advised us to "thank God ahead of time," we don't have to wait until the mood strikes us to praise God. Prayers of praise should not come with strings attached. In the Bible, we hear Job praising God despite his many hardships: "The Lord gave and the Lord has taken away; blessed be the name of the Lord" (Job 1:21). Tobit 13 is a prayer of rejoicing in a time of captivity, a prayer the Archangel Raphael urged Tobit to compose, pray, and share: "Do not fear; peace be with you! Bless God now and forever. ... So now bless the Lord on earth and give thanks to God. Look, I am ascending to the one who sent me. Write down all that has happened to you" (Tob 12:16, 20). Psalm 34 begins, "I will bless the Lord at all times; his praise shall be always in my mouth. My soul will glory in the Lord; let the poor hear and be glad" (Ps 34: 2-3). Later in the same psalm, we are reminded, "The Lord is close to the broken-hearted, saves those whose spirit is crushed" (Ps 34:19).

How do we see this in the Mass?

The Gloria (also a prayer of blessing and adoration) is a prayer of praise. After the Gospel is proclaimed, we respond, "Praise to you, Lord Jesus Christ." Eucharistic Prayer I describes the Mass itself as a "sacrifice of praise," offered "for themselves and all who are dear to them: for the redemption of their souls, in hope of health and well-being, and paying their homage" to God. Two options for the Memorial Acclamation are prayers of praise: "We proclaim your Death, O Lord, and profess your Resurrection until you come again" and "When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again." The Eucharistic Prayer concludes with praise as the priest prays, "Through him, with him, and in him, O God Almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, forever and ever."

The praise of God should know no limits. Let us strive, therefore, to praise him to the greatest extent of our powers. (St. Maximilian Kolbe)

Barb Szyszkiewicz, a Secular Franciscan, is editor at CatholicMom.com



Remember is a 72 –page full colour book containing short daily reflections (from Ash Wednesday to Easter Sunday) perfect for individual devotional reading in addition to longer-form Sunday Scripture readings and reflections, prayer and questions that traditionally form part of Lenten group gatherings. **Copies are limited. \$10 a book. The books will be for sale this weekend after each Mass or from the Parish Office.**

Get involved. Share the experience with a friend, with a group of family members, as a family or as a married couple and let the Spirit of the Lord guide you during Lent.

ROSARY TO THE BLESSED VIRGIN: 7.30am Every Saturday at Sacred Heart Church, New Town followed by 8am Mass.

NOVENA TO OUR LADY OF PERPETUAL HELP: has recommenced on 5th February 2022. 11am - First floor in Cathedral Centre.

ADORATION OF THE BLESSED SACRAMENT: 11am Friday and 5pm Saturday in Cathedral and 6pm - 12 midnight in Cathedral Crypt.

RISEN LORD COMMUNITY

TASMANIA: 7pm Friday Prayer Service on First Floor of Cathedral Centre.

**AOH Coffee Conversation for Synod 2021-2023
SYNOD OF BISHOPS:**

Hundreds of groups and individuals across the country have shared their stories about how all members of the Catholic Church can walk together to carry out our mission as Christians. Have you? The local consultation process for the global Synod on Synodality is open for two more weeks – until February 27. Join with family, friends, parishioners or participate yourself. Find out more at: <https://catholic.org.au/synodalchurch>

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Community of the Sons and Daughters of God (CFD) Anniversaries

On the 12th of February, the Community of the Sons & Daughters of God (CFD) celebrate their 75th anniversary since being established by their Italian Founder, Father Divo Barsotti. The Community has been in Australia for nearly 25 years.

The CFD consists of both religious and lay people. Although the religious members of the community live together "in common", the lay members live out their faith more fully through a spirit of internalized monasticism, whilst remaining "in the world". This is done through a variety of spiritual practices such as bible reading & study, praying the Liturgy of the Hours, various forms of prayer as well as weekly and monthly meetings and yearly retreats.

After a period of formation, new members are consecrated into the community after which they can choose to prepare for vows. The aim is to make the soul receptive and aware of the presence of God in their daily lives.

The community meets regularly in the Cathedral Centre on the First Fridays of the month at 9.15 am. For those who might be interested please contact:

**For Hobart: Johanna Reussien 0458 763 096
For Kingston: Ela Gayler 0414 866 731**



GOSPELS FOR THE COMING WEEK

Monday 14th February - *St Cyril*

Mark 8: 11-13

Tuesday 15th February

Mark 8: 14-21

Wednesday 16th February

Mark 8: 22-26

Thursday 17th February - *The Seven Holy Founders of the Servite Order*

Mark 8: 27-33

Friday 18th February

Mark 8: 34-9:1

Saturday 19th February

Mark 9: 2-13

NEXT SUNDAY'S READINGS - 7th Sunday of Ordinary Time

1 Samuel

26:2,7-9,12-13,22-23

Psalms

102:1-4. 8. 10. 12-13. R. v.8

1 Corinthians

15:45-49

Luke

6:27-38

Religious sisters and consecrated women

We pray for religious sisters and consecrated women; thanking them for their mission and their courage; may they continue to find new responses to the challenges of our times.

(Pope Francis's prayer for February 2022)

From Our Anniversary Book

George Carr, Vincent Jeffrey, Eric Smith, Gina Guerzoni, Francis McDonald, Umberto Pulsoni, Pauline Ball, William Fletcher Shaw, Brian Case, Nadeen Longdale, Elizabeth Souter, Margaret Brennan, Maureen James, Mary Kerr, Harry Warren, Frank Burke, Elizabeth Deegan, Monika Sirgunas, Maxwell Walker, Barry Kendall, William Absolom, Karlie Bollen, Margaret Allen, Pasquale Pace, Eleanor Blackburn-Berry, Anita and Ottavio Toffoli, Ernest Blazeley, Gertrude Dowd, Arthur Lacey, John Nolan, Walter Smallbone, Sr Brigid Phelan PBVM, Sr Ellen Hogan PBVM and Sr Patrick Hickey PBVM.

May they rest in peace !



Children's Corner

Fill in the missing words for each of Jesus' teachings using the pictures as clues. Draw Jesus preaching.

God will bless you people who are _____.

His _____ belongs to you.



God will bless you _____ people.

You will have _____ to eat.

God will bless you people who are _____.

You will _____ !



READINGS OF THE DAY - 6TH SUNDAY OF ORDINARY TIME - YEAR C

First Reading Jeremiah 17:5-8

The Lord says this:

'A curse on the man who puts his trust in man, who relies on things of flesh, whose heart turns from the Lord. He is like dry scrub in the wastelands: if good comes, he has no eyes for it, he settles in the parched places of the wilderness, a salt land, uninhabited. 'A blessing on the man who puts his trust in the Lord, with the Lord for his hope. He is like a tree by the waterside that thrusts its roots to the stream: when the heat comes it feels no alarm, its foliage stays green; it has no worries in a year of drought, and never ceases to bear fruit.'

Responsorial Psalm Psalm 1:1-4. R. 39:5

(R.) **Happy are they who hope in the Lord.**

1. Happy indeed is the man who follows not the counsel of the wicked; nor lingers in the way of sinners nor sits in the company of scorners, but whose delight is the law of the Lord and who ponders his law day and night.
2. He is like a tree that is planted beside the flowing waters, that yields its fruit in due season and whose leaves shall never fade; and all that he does shall prosper.
3. Not so are the wicked, not so! For they like winnowed chaff shall be driven away by the wind. For the Lord guards the way of the just but the way of the wicked leads to doom.

Second Reading 1 Corinthians 15:12;16-20

If Christ raised from the dead is what has been preached, how can some of you be saying that there is no resurrection of the dead? For if the dead are not raised, Christ has not been raised, and if Christ has not been raised, you are still in your sins. And what is more serious, all who have died in Christ have perished. If our hope in Christ has been for this life only, we are the most unfortunate of all people. But Christ has in fact been raised from the dead, the first-fruits of all who have fallen asleep.

Gospel Acclamation

Alleluia, alleluia!

Rejoice and be glad;
your reward is great in heaven.

Alleluia!

Gospel Luke 6:17 20-26

Jesus came down with the Twelve and stopped at a piece of level ground where there was a large gathering of his disciples with a great crowd of people from all parts of Judaea and from Jerusalem and from the coastal region of Tyre and Sidon who had come to hear him and to be cured of their diseases.

Then fixing his eyes on his disciples he said:
'How happy are you who are poor: yours is the kingdom of God.

Happy you who are hungry now: you shall be satisfied.

Happy you who weep now: you shall laugh.

'Happy are you when people hate you, drive you out, abuse you, denounce your name as criminal, on account of the Son of Man. Rejoice when that day comes and dance for joy, for then your reward will be great in heaven. This was the way their ancestors treated the prophets.

'But alas for you who are rich: you are having your consolation now.

Alas for you who have your fill now: you shall go hungry.

Alas for you who laugh now: you shall mourn and weep.

'Alas for you when the world speaks well of you! This was the way their ancestors treated the false prophets.'

REFLECTION FOR THE WEEK

Perhaps we have forgotten, the readings of this 6th Sunday of the Ordinary time remind us to solely and wholly trust in God and His only Son who has overpowered death through his resurrection and given us hope in life everlasting.

In the first reading, it is made vividly clear that doom awaits us if we continue to trust in our abilities- in our human strength, on human beings "Cursed is the one who trusts in human beings, who seeks his strength in flesh, whose heart turns away from the Lord." As we must have experienced, these are not reliable for our victory and survival, we must not depend on them any longer. So, Jeremiah calls us to an inward, deeper questioning: in whom and in what have we put our trust? Is it in our work, wealth, our position or power and authority we have attained? For Jeremiah, we must be conscious of the fact that without God we are absolutely nothing. Nothing at all. To put our trust in God is an incredible source of blessing, inner peace and joy which our achievements, titles and wealth can never offer us. No wonder the psalmist says "those who put their trust in God are like mount Zion that can never be moved" (Ps 125:1).

Additionally, Paul in the second reading strikes a similar point. He admonishes that we place not our hope entirely on this passing world and our human striving, but on Christ, who through his resurrection has given us hope of an everlasting life in his heavenly kingdom.

Shockingly, Paul tells us "If our hope in Christ has been for this life only, we are the most unfortunate of all people".

Simply put, life doesn't end with what we see now, touch, hear and feel. In fact, life does not end with this experiential world; our journey as Christians goes beyond this world.

Furthermore, the beatitudes in the gospel reading reaffirms that all we do and work for in this passing world will certainly grant us a place in an everlasting life if only we do them in the mind of God, with trust and hope.

The good news for us today is summarised in our Responsorial Psalm "Happy are they who hope in the Lord". In placing our trust in Christ, our hope for eternal life, we must learn to tangle ourselves with the idea or the spirit of Charity, going out of our way to help others. We must pay attention and be sensitive to those who may be suffering injustice under the same roof as us. We must learn to fast so that others might have food on their table. We must pray for grace to forgive others and the grace for empathy when we see the misery of our sisters and brothers.

God help us!